




Monday	Tuesday	Wednesday	Thursday	Friday
➤ <b>Fitness, Free</b> ➤ <b>Fitness, Paid \$</b> ➤ <b>Recreation</b> ➤ <b>Craft, Free</b> ➤ <b>Craft, Paid \$</b> ➤ <b>Health</b> ➤ <b>VSC Zoom Stream</b>	<b>1</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 12:00 M&M \$ 1:00 Tai Chi Level 1 \$	<b>2</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 1:00 – 3:00 Unrulies Pickleball	<b>3</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games	<b>4</b> <b>11:45 Drive-Thru Meal at Urbana District Park</b>  12:30 – 2:30 Unrulies Pickleball
<b>7</b> <b>10:00 Stained Glass Workshop \$</b> 10:00 Video Exercise 11:00 Video Exercise 10:00 – 1:00 Cards/Games	<b>8</b> <b>CLOSED – ELECTION DAY</b>  	<b>9</b> 9:15 Video Exercise <b>10:00 Blood Pressure Check</b> 10:00 – 1:00 Cards/Games 1:00 – 3:00 Unrulies Pickleball	<b>10</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 1:00 Craft: Pinecone Turkey	<b>11</b> <b>CLOSED</b>  
<b>14</b> <b>10:00 Stained Glass Workshop \$</b> 10:00 Video Exercise 11:00 Video Exercise 10:00 – 1:00 Cards/Games	<b>15</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 12:00 M&M \$ 1:00 Tai Chi Level 1 \$	<b>16</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games <b>11:00 Thanksgiving Arrangements by the Silver Fancy Garden Club \$</b> 1:00 – 3:00 Unrulies Pickleball	<b>17</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games <b>2:00 VSC Zoom Stream: Talking in Code, National Cryptologic Museum</b>	<b>18</b> <b>Noon: Groceries for Seniors at Frederick Senior Center</b>  12:30 – 2:30 Unrulies Pickleball
<b>21</b> 10:00 Video Exercise 11:00 Video Exercise 10:00 – 1:00 Cards/Games	<b>22</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 12:00 M&M \$ 1:00 Tai Chi Level 1 \$	<b>23</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 1:00 – 3:00 Unrulies Pickleball	<b>24</b> <b>CLOSED</b>  	<b>25</b> <b>CLOSED</b>
<b>28</b> 10:00 Video Exercise 11:00 Video Exercise 10:00 – 1:00 Cards/Games	<b>29</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 12:00 M&M \$ 1:00 Tai Chi Level 1 \$	<b>30</b> 9:15 Video Exercise 10:00 – 1:00 Cards/Games 1:00 – 3:00 Unrulies Pickleball	<ul style="list-style-type: none"> <li>• Bring your own drink or snack</li> <li>• Masks are strongly recommended</li> <li>• The Lab Computers are available M-Th afternoons from 1:00 – 3:00</li> <li>• <b>Medicare Counseling is available by appointment only. Call 301-600-1234 to book an appointment.</b></li> </ul>	

# Registration Information

**Pre-registration is required, limited space for in-person programs.**

Programs may be postponed or canceled per county guidance.

## Free Programs (In-Person)

Registration must be received at least two business days before program.

Email: [ckirby@FrederickCountyMD.gov](mailto:ckirby@FrederickCountyMD.gov) or

Call the center 301-600-6350 (you may need to leave a message)

Be sure to include:

Your Name, Phone Number, Email Address, and  
Names, Dates, & Location of Classes and Programs You Want to Take

## Programs with a Fee (In-Person)

Registration must be received by the "Registration closes" date.

If there is not a date listed, registration must be received  
at least two business days before program.

Space is limited for in-person programs.

Refunds will not be issued for programs missed due to centers closing.

## Credit/Debit Card: Online

Pay via our eStore: <http://frederickcountymd-gov.3dcartstores.com>

- Once on the website, located the "Category" boxes on the left side.
- Click on the button for the category you want
- Click on the program you want and add the selected program to your shopping cart

## Check: Drop-Off

- Make check payable to "Frederick County Treasurer" Include: Your Name, Email Address, Phone Number, and the Names, Dates, & Location of Classes and Programs You Want to Take

## Confirmation for All Programs

Once we receive your registration, we will contact you with more details about the programs. Your registration is not complete until you hear from us!

Frederick County Senior Services Division



# Emmitsburg 50+ Community Center

## November 2022 Programs

### Thanksgiving Floral Arrangement

Wednesday, Nov 16, 11:00

Cost: \$5.00, pre-register

Members of the Silver Fancy Garden Club will teach us how to create the perfect seasonal floral arrangement, just in time for Thanksgiving.

### Stained Glass Workshop

Mondays, Nov 7 & 14, 10:00 – 3:00, lunch included

Cost: \$40.00, pre-register

In this workshop, you will be guided step-by-step through the stained-glass process. Learn how to make a pattern, cut glass, foil, and solder to make a festive holly suncatcher!

### Talking in Code- National Cryptologic Museum

Thursday, Nov 17 @ 2:00

Explore the history of the Native American Code Talkers from both World Wars. This is a virtual program streamed on the big TV.

### Craft – Pinecone Turkey

Thursday, Nov. 10 @ 1:00

For Virtual Senior Center Programming via Zoom, visit

[www.Frederickcountymd.gov/Virtual50](http://www.Frederickcountymd.gov/Virtual50)

### Contact Information:

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<https://www.facebook.com/Emmitsburg-Senior-Center-101371482512466>

